



DALYELLUP FAMILY MEDICAL CENTRE

Welcome to the DFMC Spring 2017 Newsletter

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Selenia Ncube

Fundraising at DFMC

Thank you to all who donated toothbrushes to people in Zimbabwe.

Dental caries is major problem in the communities around Bulawayo that Lucy and Dr. Rennie visited.



Around 200 toothbrushes were taken over. They were well received.

Lucy from Dalyellup Family Medical Centre handing a donated toothbrush to a young lady in Zimbabwe.

CHANGES TO CERVICAL SCREENING FROM 1ST DECEMBER 2017

From December 2017, the two-yearly Pap smear will be replaced by a five-yearly Cervical Screening Test for women aged 25-74.

The new Cervical Screening Test will detect human papillomavirus (HPV), which causes nearly all cervical cancers. Research has found that a test for HPV every five years is more effective than, and just as safe as screening with a Pap smear every two years.

In most cases the test will still require a vaginal speculum examination and cervical sample taken. Most women will be due for their first Cervical Screening Test two years after their last negative Pap test.

Nearly all cervical cancers are caused by a HPV infection. HPV is easily transmitted via skin contact during sexual activity. It is extremely common in men and women who have ever been sexually active, with most people being infected with at least one type of HPV at some point in their life.

While HPV infections are normally cleared naturally by the immune system, sometimes they cause cervical cells to become abnormal. The body is usually able to rid itself of HPV and the abnormal cells, but in some cases this doesn't happen and abnormal cells develop into cervical cancer.

The time from HPV infection to cervical cancer is usually 10-15 years.

Dalyellup Family Medical Centre runs a Women's Health Clinic every second Friday where you can get a Pap smear done until the 30th November and from 1st December you can book in to have the new Cervical Screening Test done at the clinic when it is due.

The new National Cancer Screening Register (NCSR) will provide an invitation, reminder and recall system to prompt women to book an appointment, supporting and promoting timely participation in cervical screening.

For more information speak to your Doctor or visit: <http://www.healthywa.wa.gov.au/cervicalscreening>

WOULD YOU LIKE TO HELP SELENIA ?



Selenia Ncube is a 6 year old girl who lives with her parents and 4 siblings in a very poor area of Bulawayo in Zimbabwe. She has a rare genetic disorder called Crouzon Syndrome, which has distorted her appearance significantly. Selenia has been affected by the condition since she was 3 months old.

Her mother brought her to one of the free clinics held in Zimbabwe by Cosmos HealthCare last September and she was seen by Dr. Rennie.

At present she has excruciating headaches and watering eyes. She most probably will need multiple operations to correct the deformities and her parents have no money and very little work.

Dalyellup Family Medical Centre is currently fundraising to enable Selenia to be treated to improve her quality of life.

FUNDRAISING AT DALYELLUP FAMILY MEDICAL CENTRE

Recently Dr Rennie and Lucy Webb-Martin, nurse at DFMC, along with six other people, went to Zimbabwe with **Cosmos HealthCare** to provide health care and education at several outreach clinics. On some days they saw as many as one hundred and eighty patients.

Coles Park Centre donated the goods that went into the hampers for the raffle and the chocolates that we sold. Glenys Yeoman donated \$10 from the sales of her book 'Rabbits and Rosaries' to Cosmos HealthCare. The money we raised went towards the cost of the medicines used in the clinics in Zimbabwe and towards the treatment of some of the patients that were seen.

Through the generosity of our patients and staff we raised \$1191. So a huge thankyou to everyone who bought a book, bought tickets for the hamper or bought chocolates.

Prize winners of the raffle were:

- 1st prize David Cox
- 2nd prize Rita Maylor
- 3rd prize Tania Ellice

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Our mailing address is:

Dalyellup Family Medical Centre
11/135 Norton Promenade,
Dalyellup, WA 6230
Australia