## You can live well with diabetes

## Free diabetes education sessions in the South West – April to June 2018

Collie	Tuesday 10 April 2018	8.45am – 4.30pm
Collie	Friday 29 June 2018	9am – 4.30pm
Harvey	Friday 13 April 2018	9am – 4.30pm
Busselton	Thursday 19 April 2018	9am – 4.30pm
Busselton	Friday 8 June 2018	9am – 4.30pm
Bunbury	Saturday 5 May 2018	8.45am – 4.30pm
Bunbury	Thursday 17 May 2018	9am – 4pm
Bunbury	Thursday 21 June 2018	9am – 4pm
Bridgetown	Thursday 17 May 2018	9am – 4.30pm
Walpole	Tuesday 5 June 2018	9am – 4pm

Make small changes to live a healthier life with your family.

## Free type 2 diabetes workshop 'DESMOND'

Whether you are newly diagnosed or have been living with diabetes for some time, the DESMOND workshop will help you manage your diabetes.

- Meet people like you and learn everything you need to know about type 2 diabetes, including information on food choices and medications.
- You can bring a friend or family member with you for support.



Bookings are essential. Contact us to secure your spot.

- 1300 001 880
- 6 bookings@diabeteswa.com.au
- www.diabeteswa.com.au

Call 1300 001 880 or visit diabeteswa.com.au and book in now



